



## Workshop Information Packet

(800) 639-5433

Thank you for inquiring about ***RESTORE . . . Hope For A Woman's Heart!***

We have witnessed the deep pain and brokenness women experience when the men in their lives struggle with sexual addiction, betrayal, and pornography. That's why every month, for nearly 2 decades, we continue to present the ***Every Man's Battle Workshop*** -- to offer men the opportunity to bring spiritual transformation and sexual integrity to their lives.

In that same spirit, we have created ***RESTORE . . . Hope For A Woman's Heart*** which continues in that healing journey! With the challenge of doing the most difficult work of your lifetime, you will find hope and discover that restoration is possible. And, as you begin to see the path toward wholeness, you will know that redemption and transformation can be a reality!

Take this next right step for YOU! It's time for ***RESTORATION!***

Founder, New Life Ministries



(800) NEW LIFE [www.newlife.com](http://www.newlife.com)



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### Why You Should Attend

**RESTORE** is designed to help women who have been hurt in relationships with men who are or have been involved in pornography, sexual addiction or adultery. During this weekend of biblically-based teaching and small process group counseling, you will learn you can more than just survive sexual betrayal. You will discover the tools needed to help rebuild your future and begin to experience healing and wholeness for yourself.

**RESTORE** will help women find answers to questions like:

- How can a Christian man do such a thing?
- How did this happen to me?
- What should I do now?
- What boundaries should I set?
- How can my marriage/relationship survive this?
- How and why should I forgive him?
- When will I sense true hope?

Other topics covered during the weekend include:

- Understanding addiction and the brain
- Self-care
- Anger & shame
- Rebuilding trust

One of the sessions will feature a panel of women who are years down the road in their own journey, and a couple of them will share in main sessions. They will share what their road to healing and restoration has looked like.



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### Keynote Speaker ~ Shelley Martinkus



Shelley is married to Jason (speaker for the Every Man's Battle Workshop) and is mom to three little boys, Truman, Harrison, and Norman. Her entire world changed years ago when she confronted Jason and demanded the truth about his secret life of infidelity. Little did Shelley know that Jason's recovery from sexual addiction would be the impetus for her to begin looking honestly at her life, her past, her brokenness and begin seeking healing and wholeness for herself.

Shelley speaks to many different audiences about her story and the story of their recovery. She and Jason also speak together, helping others find healing in their relationship after betrayal, as well as training and providing information to professionals and lay people who are helping those in recovery.

Her first book, *Rescued*, released in 2015. She is also a contributor for MOPs and writes blogs on her website, [RLforWomen.com](http://RLforWomen.com).



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### How do I register?

You may register by calling us at (800) NEW LIFE (639-5433) or visiting our website at [newlife.com](http://newlife.com). Please register early (early registration discounts are available). We have limited meeting space and expect to fill to capacity. Registrants must be at least 18 years of age.

### How much does it cost?

The cost for attending the workshop is \$799, which includes 8 main sessions, 6 small group process sessions facilitated by a professional Christian counselor, 3 meals, and all program materials.

### Are meals and hotel accommodations included in the registration fee?

Three meals are included in the registration fee (dinner Friday, lunch Saturday and dinner Saturday). Hotel accommodations are not included, but attendees can receive a discounted room rate at the host hotel.

### Do I have to stay at the hotel?

No, but to enhance the workshop experience and ensure all distractions are left behind, we highly encourage it.

### Is this workshop for wives only?

No. This workshop is designed for all women who have been betrayed by men in their lives who have or are struggling with sexual integrity whether married, divorced or single.

### Health Insurance Coverage

Unfortunately, insurance companies do not reimburse for programs like this.

### Childcare

This workshop is intended to help you receive your healing, so we ask that your children stay with a trusted family member or friend. There is no childcare at the workshop, and children are not allowed to attend any part of the workshop.

### Cancellations

- If you cancel 10 days or more prior to the workshop, you'll receive a refund of the amount you've paid minus an administration fee of \$200.
- If you cancel less than 10 days before the start of the workshop, no refund shall be given. Registration fees may be rolled over to another confirmed New Life workshop with a transfer fee of \$100 per registration.



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### Sample Workshop Schedule

#### **Friday**

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1:30 – 2:00 ..... Check-In  
2:00 – 3:00 ..... Main Session 1  
3:00 – 3:15 ..... Break  
3:15 – 4:45 ..... Group Breakout 1  
4:45 – 5:00 ..... Break  
5:00 – 5:45 ..... Main Session 2  
5:45 – 6:45 ..... Dinner  
6:45 – 7:30 ..... Main Session 3  
7:30 – 7:45 ..... Break  
7:45 – 9:15 ..... Group Breakout 2

#### **Saturday**

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8:30 – 9:15 ..... Main Session 3  
9:15 – 9:30 ..... Break  
9:30 – 11:00 ..... Group Breakout 3  
11:00 – 11:15 ..... Break  
11:15 – 12:20 ..... Main Session 4  
12:20 – 1:15 ..... Lunch  
1:15 – 1:45 ..... Break  
1:45 – 3:15 ..... Group Breakout 4  
3:15 – 3:30 ..... Break  
3:30 – 4:15 ..... Main Session 5  
4:15 – 4:30 ..... Break  
4:30 – 6:00 ..... Group Breakout 5  
6:00 – 7:15 ..... Dinner  
7:15 – 8:15 ..... Main Session 6

#### **Sunday**

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8:30 – 9:05 ..... Main Session 7  
9:05 – 9:15 ..... Break  
9:15 – 10:45 ..... Group Breakout 6  
10:45 – 11:00 ..... Break  
11:00 – noon ..... Main Session 8

~ Schedule subject to change ~



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