



# Take Your Life Back

## *A New Life Intensive Workshop*

Thank you for your interest in ***Take Your Life Back!*** I hope after reading through this information you will make plans to join us for this life changing weekend. Your interest shows an awareness that your life can be better, and that something needs to change in order for that to happen.

Whatever it was that peaked your interest in this workshop, I know you will be encouraged as you find a new way of looking at things and a way to deal with the challenges in your life. You will want to take this next right step to your New Life! I look forward to meeting you there!

*Stephen Artuburn*

### ***Why You Should Attend***

If there is some thing or someone that continues to exert power over your life – power that overwhelms your best intentions, sabotages your greatest efforts, and frustrates your deepest desires, then no formula, set of keys or steps will help you until you are able to *take your life back*. True freedom comes when you gain the strength to no longer live in reaction to the negative power and destructive control that has kept you from living the life you were meant to live.

It's time to move from reactive attitudes and behaviors to a place where you can choose your response to what life brings your way.

It's time to take charge of your past, and your current circumstances so you can look forward with confidence and faith to the road ahead.

It's time to ***Take Your Life Back!***

### ***Main Session Topics***

- The Reactive Life: Discovering Who & What Owns You
- Understanding Your Hurt & Pain
- Surviving Broken Connection
- Shame, Trauma and the Loss of the Real You
- Losing Touch With Your Soul
- A Life Taken Back
- Developing Your Plan





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### ***About the Speakers***



#### **Steve Arterburn**

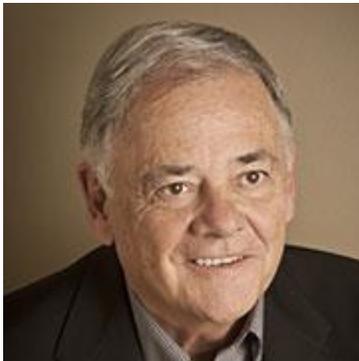
Steve is the founder and chairman of New Life Ministries and host of the #1 nationally syndicated Christian counseling talk show, *New Life Live*, heard and watched by millions on over 180 radio stations nationwide in addition to SiriusXM Satellite radio and now seen on television on the NRB network. Steve is also the founder of the Women of Faith conferences attended by over 4 million people.

Steve is a best selling author of books such as *Every Man's Battle*, *Healing Is a Choice*, *Lose It For Life* and *The 7 Minute Marriage Solution*. With over 7 million books in print, he has been writing about God's transformational truth since 1984. He has been nominated for numerous writing awards and

won three Gold Medallions for writing excellence. Along with Dave Stoop, he edited and produced *The Life Recovery Bible*.

Steve has a Master's Degree in Education and is currently completing his doctoral studies in Christian Counseling.

Steve and his wife, Misty, have five children and make their home in Fishers, Indiana.



#### **Dave Stoop**

Dave is a Gold Medallion winning author who has written over thirty books, including, *Forgiving the Unforgivable*, *You Are What You Think*, and *Rethink How You Think*. He has co-edited the *Life Recovery Bible* with Steve Arterburn, and also with Steve, co-authored the *The Life Recovery Journey*, *The Twelve Laws of Life Recovery*, and the *Twelve Gifts of Life Recovery*.

Dave served as a pastor for 12 years while completing his clinical studies. He has taught in a number of Youth With a Mission schools in many different countries, and along with his wife, Jan, conducts weekend marriage workshops. In his spare time, he and one of his sons have restored a 1964 MGB, and he enjoys driving it around town.

Dave and his wife Jan live in Newport Beach; they have three sons and six grandchildren.





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### ***Process Groups***

All workshop attendees attend general sessions then break out into individual process groups. In the groups, facilitated by a *New Life Network Counselor*, you will process the life changing information presented in the main sessions. You will have an opportunity to connect and share with the group your story and create a plan for when you go back into your daily life.

### ***How to Register***

You may register by calling us at 800-NEW-LIFE (800-639-5433). Please register early. We have limited meeting space and expect to fill to capacity. Registrants must be at least 18 years of age.

### ***Cost***

The cost for the workshop is \$749 which includes all main speaking sessions and all small group process sessions. Early registration discounts are available.

### ***Schedule***

Check-in is 2:00pm-3:00pm on Friday, and the first session is at 3:00pm. The workshop closes at noon on Sunday.

### ***Health Insurance Coverage***

Unfortunately, insurance companies do not reimburse for programs like this. You may be able to consider the cost of the workshop as a deductible medical expense for federal tax purposes. The IRS does not make specific rulings about the tax-deductibility of a particular program, so please check with your tax advisor.

### ***Childcare***

This workshop is intended to help you receive your healing, so we ask that your children stay with a trusted family member or friend. There is no childcare at the workshop, and children are **not** allowed to attend any part of the workshop.

### ***Cancellations***

- If you cancel 10 days or more prior to the workshop, you'll receive a refund of the amount you've paid minus an administration fee of \$200 per person.
- If you cancel less than 10 days before the start of the workshop, no refund shall be given. Registration fees may be rolled over to another confirmed workshop. A transfer fee of \$100 per person will be assessed.





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### Statement of Faith

As a professional organization, we set forth the following beliefs which have been agreed to by the professional and support staff of New Life Ministries. These beliefs are essential to our treatment philosophy and ministry.

- We believe the Bible to be the inspired, the only infallible, inerrant, authoritative Word of God.
- We believe that there is one God, eternally existent in three persons: Father, Son, and Holy Spirit. He has revealed Himself in creation, history, and in Jesus Christ.
- We believe in God's creation of the world and humankind and in humanity's rebellion and subsequent depravity.
- We believe in the person and work of Jesus Christ, including His deity, His virgin birth, His sinless life, His true humanity, His miracles, His substitutionary death, His bodily resurrection, His ascension to heaven where He sits at the right hand of the Father, and in His coming personal return in power and in glory.
- We believe that for the salvation of the lost, sinful man, regeneration by the Holy Spirit is absolutely essential. We believe that salvation is by grace through faith in Christ as one's Savior.
- We believe in the present ministry of the Holy Spirit by whose indwelling the Christian is enabled to live a godly life and to grow in the knowledge of God and Christian obedience.
- We believe in the resurrection of both the saved and the lost—the saved unto the resurrection of life and the lost unto the resurrection of damnation.
- We believe in the spiritual unity of believers in our Lord Jesus Christ and in the importance of the church for worship, service and missions.
- We believe all human life is a sacred gift from God and is to be protected and defended from conception to natural death. We will uphold the sanctity of life and bring the grace and compassion of Christ to those who face the realities of previous abortion, unwanted pregnancy, and end-of-life illness.
- We believe in the importance of marriage. Specifically, that marriage is a covenant relationship between a man and a woman (Genesis 2:24), and that a person's sex (male or female) is determined by God in the womb (Psalm 139:13) and revealed at birth.
- We further believe that marriage is a covenant relationship that is mirrored in the relationship between Christ and His Church (Revelation 19:7, 21:2, 21:9). And although the Bible states that divorce is permissible in two unusual circumstances (adultery as described in Matthew 5:31, and abandonment of a Christian by a non-Christian as described in I Corinthians 7:15), we will do all we can to preserve marriage.
- We believe that all psychological principles should be thoroughly evaluated through the gird of Scripture, and that Scripture always holds the final authority.





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### Program Schedule

#### Friday

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2:00 – 3:00	Check-in
3:00 – 3:45	Main Session 1
3:45 – 4:00	Break
4:00 – 5:30	Group Session 1
5:30 – 5:45	Break
5:45 – 6:45	Main Session 2
6:45 – 8:15	Dinner
8:15 – 9:45	Group Session 2

#### Saturday

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8:00 – 9:15	Main Session 3
9:15 – 9:30	Break
9:30 – 11:00	Group Session 3
11:00 – 11:15	Break
11:15 – 12:30	Main Session 4
12:30 – 2:00	Lunch
2:00 – 3:30	Group Session 4
3:30 – 3:45	Break
3:45 – 4:45	Main Session 5
4:45 – 5:00	Break
5:00 – 6:30	Group Session 5
6:30 – 8:00	Dinner
8:00 – 9:15	Main Session 6

#### Sunday

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8:00 – 9:15	Group Session 6
9:15 – 9:30	Break
9:30 – 10:30	Main Session 7
10:30 – noon	Closing

*Schedule Subject to Change*



(800) NEW LIFE [www.newlife.com](http://www.newlife.com)