

Women In the Battle

Thank you for inquiring about the ***Women in the Battle Workshop!***

Ever since we started the ***Every Man's Battle Workshop***, we have been asked to do the same kind of weekend workshop for women who have been hurt by the men in their lives who have or are struggling with sexual integrity problems. These women have needed a safe place to move through the painful emotions of anger, bitterness and guilt from the betrayal they have experienced; to be empowered to find their voice, and to stand up for themselves in the midst of their relationships. For that reason we have established this three-day workshop which is designed to help a woman in this situation work through her own wounds, as well as understand her role in the relationship with the man struggling to recover.

I hope after reading through this information you will make plans to join us for this life changing workshop. Perhaps this will be the first step you've taken in a long time that will begin a journey of healing for you. I pray you listen to the Lord's leading, and if He is directing you to attend this workshop, please make your plans today; don't put it off.

Stephen Artabrun

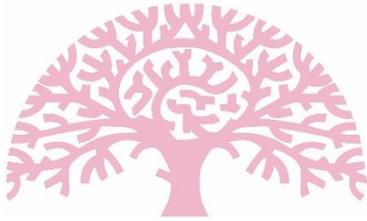
Why You Should Attend

The ***Women in the Battle Workshop*** is designed to help women who have been hurt in relationships with men who are or have been involved in pornography, sexual addiction or adultery. During this weekend of biblically-based teaching and process group counseling, you will gain insight into how this problem affects you and your family, as well as receive tools that can help you heal and rebuild your future.

Dr. Sheri Keffer will be the keynote speaker for this workshop, speaking 7 1-hour sessions. One of the sessions will feature a panel of women who are years down the road in their own experience with their husband's sexual integrity issues. They will share what their road to healing and rebuilding their marriage and future has looked like.

The ***Women in the Battle Workshop*** will help women find answers to these critical questions:

- How can a Christian man do such a thing?
- Did I do anything to contribute to this?
- What should I do now?
- What boundaries should I set?
- How can my marriage/relationship survive this?
- How and why should I forgive him?
- When will I sense true hope?



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About the Speakers



Sheri Keffer

Dr. Sheri Keffer is a Doctor of Marriage and Family counseling who received her Master in Theology and Ph.D. from Fuller Theological Seminary. She currently specializes in individual, couples and family therapy at her private practice.

What makes Sheri especially qualified to present at the Women in the Battle Workshop is her own personal journey; having been married to a man in the ministry who struggled with sex addiction. In many ways she has walked in your shoes and will share her journey with you during the workshop.

With over 12 years experience as a marriage and family therapist, Dr. Keffer believes in looking at issues from a psychological, biological and spiritual perspective. She commonly uses brain based assessments and treatments as she works with those dealing with depression, anxiety, trauma, grief & loss, stress, and general life transitions.

In addition to being a relationship therapist, Sheri is a member of the National Speakers Association and has presented at national conferences, churches, businesses, schools, treatment centers and to general audiences speaking on the topics of brain health, ADD, anxiety, depression, and spiritual and relationship intimacy. She also specializes in treating trauma and PTSD at Amen Clinics and is a co-author, with Dr. Daniel Amen and Mike Morino, of the DVD Relationship Coaching Course used on the PBS Special: *The Brain in Love*.

Sheri is a co-host on New Life Live, our nationally syndicated radio and TV show. Her engaging warmth and ability to immediately connect helps to put callers at ease.

Sheri enjoys the beach, reading, mountain biking, hiking, camping, and big game fishing. She is quite proud of bagging a 150 pound (or so she says) Marlin off the coast of Cabo San Lucas.

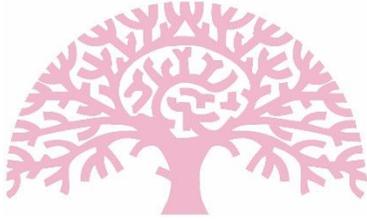


Shelley Martinkus

Shelley has been married to Jason (speaker for the Every Man's Battle Workshop) for 13 years and is mom to three little boys, Truman, Harrison, and Norman. Her entire world changed 10 years ago when she confronted Jason and demanded the truth about his secret life of infidelity. Little did Shelley know that Jason's recovery from sexual addiction would be the impetus for her to begin looking honestly at her life, her past, her brokenness and begin seeking healing and wholeness for herself.

Shelley received a Bachelor's degree in Physical Therapy from the University of Oklahoma in 2000 and a Doctorate in Physical Therapy from the University of Colorado in 2009.

Shelley speaks to many different audiences about her story and the story of their recovery. She and Jason also speak together, helping others find healing in their relationship after betrayal, as well as training and providing information to professionals and lay people who are helping those in recovery.



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How do I register?

You may register by calling us at (800) NEW LIFE (639-5433) or visiting our website at newlife.com. **Please register early** (early registration discounts are available). We have limited meeting space and expect to fill to capacity. Registrants must be at least 18 years of age.

How much does it cost?

The cost for attending the Women in the Battle Workshop is \$899, which includes 8 general sessions led by Dr. Sheri Keffer, 6 small group sessions facilitated by a professional Christian counselor and 3 meals.

Are meals and hotel accommodations included in the registration fee?

Three meals are included in the registration fee (dinner Friday, lunch Saturday and dinner Saturday). Hotel accommodations are not included but attendees can receive a discounted room rate at the host hotel.

Do I have to stay at the hotel?

No, but to enhance the workshop experience and ensure all distractions are left behind, we highly encourage it.

Is this workshop for wives only?

No. This workshop is designed for all women who have been betrayed by men in their lives who have or are struggling with sexual integrity whether married, divorced or single.

Health Insurance Coverage

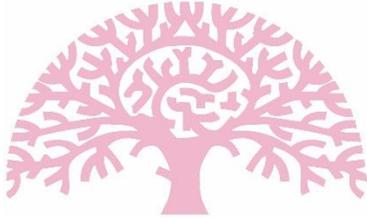
Unfortunately, insurance companies do not reimburse for programs like this. You may be able to consider the cost of the workshop as a deductible medical expense for federal tax purposes. The IRS does not make specific rulings about the tax-deductibility of a particular program, so please check with your tax advisor.

Childcare

This workshop is intended to help you receive your healing, so we ask that your children stay with a trusted family member or friend. There is no childcare at the workshop, and children are **not** allowed to attend any part of the workshop.

Cancellations

- If you cancel 10 days or more prior to the workshop, you'll receive a refund of the amount you've paid minus an administration fee of \$200.
- If you cancel less than 10 days before the start of the workshop, no refund shall be given. Registration fees may be rolled over to another confirmed New Life workshop with a transfer fee of \$100 per registration.



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Sample Workshop Schedule

Friday

12:30 to 1:30 Check-In
1:30 to 2:30 Main Session 1
2:30 to 2:45 Break
2:45 to 4:15 Group Breakout 1
4:15 to 4:30 Break
4:30 to 5:30 Main Session 2
5:30 to 6:30 Dinner
6:30 to 8:00 Group Breakout 2
8:00 to 8:15 Break
8:15 to 9:45 Main Session 3

Saturday

8:30 to 10:00 Group Breakout 3
10:00 to 10:15 Break
10:15 to 12:00 Main Session 4
12:00 to 1:15 Lunch
1:15 to 1:30 Break
1:30 to 3:00 Group Breakout 4
3:00 to 3:15 Break
3:15 to 4:30 Main Session 5
4:30 to 4:45 Break
4:45 to 6:15 Group Breakout 5
6:15 to 7:15 Dinner
7:15 to 9:15 Main Session 6

Sunday

8:30 to 9:15 Main Session 7
9:15 to 9:30 Break
9:30 to 10:30 Group Breakout 6
10:30 to 10:45 Break
10:45 to 12:00 Main Session 8

~ Schedule subject to change ~