



Restore Online Workshop Information

Has sexual betrayal devastated your life? Whether it's betrayal due to pornography, affairs, lusting, or same sex attraction — sexual betrayal is traumatizing.

The *Restore Workshop* helps women whose hearts have been shattered by sexual betrayal find hope. Many women who come to the workshop feel very alone and are filled with shame, anger and worthlessness. Some have never even shared their story. But once they arrive, they discover women of all kinds and ages are struggling as well, and they begin to feel safe to open up and share.

Restore is the place to realize you are not alone. Restoration is possible – if not for your marriage, for you!

Who Should Attend

Women dealing with the pain and trauma of an affair. Women whose husband, boyfriend or father is in to porn, strip clubs, prostitutes, sexting, voyeurism, cross dressing, or same sex attraction.

You'll Learn About

- The sexual addiction cycle & why he does what he does
- Boundaries & triggers
- Self-care
- Grieving
- Forgiveness
- Redemption

Cost and Value

- 6 teaching sessions
- 5 small group process sessions facilitated by a credentialed New Life Network Counselor
- 4 weekly phone coaching sessions following the workshop
- Registration Rate: \$400 per person

Format & Requirements

The workshop will be held through the use of online video conferencing. Attendees must have:

- A computer or tablet with audio and video capabilities
- An internet speed sufficient for live stream video (Please note New Life is not responsible for any technical issues with your device and no refunds will be given should your device not be able to adequately stream this workshop.)
- A private room where you will be able to focus on the content being presented and interact with your fellow group members with no distractions



Process Groups

All workshop attendees participate in general sessions then break out into process groups. In the groups, facilitated by a New Life Network Counselor, you will process the information presented in the main sessions. You will have an opportunity to connect and share with the group your story and create a plan for when you go back into your daily life. There is a ratio of one counselor for every eight to ten attendees

Registration

You may register online at newlife.com or by calling 800-NEW-LIFE (639-5433). Please register early. We have limited space. Registrants must be at least 18 years of age.

Cancellations

If you cancel, you'll receive a refund of the amount you've paid minus a \$100 administration fee per person. Registration fees may be applied to another confirmed New Life workshop. The new workshop date/location must be decided at the time of cancellation.

Health Insurance Coverage

Unfortunately, insurance companies do not reimburse for programs like this. You may be able to consider the cost of the workshop as a deductible medical expense for federal tax purposes. The IRS does not make specific rulings about the tax-deductibility of a particular program, so please check with your tax advisor.

Speaker – Shelley Martinkus



Shelley's entire world changed years ago when she confronted her husband and demanded the truth about his secret life of infidelity. Little did Shelley know that his recovery from sexual addiction would be the impetus for her to begin looking honestly at her life - her past and her brokenness - and begin seeking healing and wholeness for herself and her marriage.

Shelley speaks to many different audiences about her story. She and Jason also speak together, helping others find healing in their relationship after betrayal. They provide training and information to professionals and lay people who are helping those in recovery.

Her first book, *Rescued*, released in 2015. She also co-authored *Understanding and Loving a Person With Sexual Addiction* with her husband, Jason, which released in 2018. She is a contributor for MOPs and writes blogs.

Schedule

Time				
PT	MT	CT	ET	
6:45 AM	7:45 AM	8:45 AM	9:45 AM	Beginning of Day
6:45 PM	7:45 PM	8:45 PM	9:45 PM	End of Day

