



Finding Freedom Online Workshop Information

What is keeping you from experiencing a whole and healthy life? Are you feeling stuck in life, wondering why you can't move forward? Are you hiding behind a mask, ignoring your pain, not wanting anyone to see the real you? Do you feel gripped by fear, guilt, shame, grief or anger?

The *Finding Freedom Workshop* is a great place to discover how to live a life of freedom spiritually, emotionally, and mentally. Learn how to overcome your painful past and wounds of the soul. Recognize the habits and behaviors that can lead you to a life God intended!

It's time to get free from the rut you are in and experience transformation in your journey!

Who Should Attend

Anyone who is stuck in guilt, regret, resentment, forgiveness, grief or the past. Those who feel like they are in a rut but desire something more from life. Those looking for direction and wanting to experience a full and satisfying life.

You'll Learn About

- Forgiveness
- Unhealthy reactions
- Reactive vs responsive living
- Acting out vs acting in
- Obsessions & compulsions
- Surrender
- A plan to move forward

Cost and Value

- 6 teaching sessions
- 5 small group process sessions facilitated by a credentialed New Life Network Counselor
- 4 weekly phone coaching sessions following the workshop
- Registration Rate: \$500 per person



Format & Requirements

The workshop will be held through the use of online video conferencing. Attendees must have:

- A computer or tablet with audio and video capabilities
- An internet speed sufficient for live stream video (Please note New Life is not responsible for any technical issues with your device and no refunds will be given should your device not be able to adequately stream this workshop.)
- A private room where you will be able to focus on the content being presented and interact with your fellow group members with no distractions

Process Groups

All workshop attendees participate in general sessions then break out into process groups. In the groups, facilitated by a New Life Network Counselor, you will process the information presented in the main sessions. You will have an opportunity to connect and share with the group your story and create a plan for when you go back into your daily life. There is a ratio of one counselor for every eight to ten attendees

Registration

You may register by calling 800-NEW-LIFE (639-5433). Please register early. We have limited space. Registrants must be at least 18 years of age.

Cancellations

If you cancel, you'll receive a refund of the amount you've paid minus a \$100 administration fee per person. Registration fees may be applied to another confirmed New Life workshop. The new workshop date/location must be decided at the time of cancellation.

Health Insurance Coverage

Unfortunately, insurance companies do not reimburse for programs like this. You may be able to consider the cost of the workshop as a deductible medical expense for federal tax purposes. The IRS does not make specific rulings about the tax-deductibility of a particular program, so please check with your tax advisor.

Speaker – Steve Arterburn



Steve is the founder and chairman of New Life Ministries and host of the #1 nationally syndicated Christian counseling talk show, *New Life Live!*, heard and watched by over 2 million each weekday on over 150 radio markets nationwide, SiriusXM Satellite radio, and on NRBTV. Steve is also the founder of the Women of Faith conferences attended by over 4 million people.

Steve is a best-selling author of books such as *Every Man's Battle*, *Healing Is a Choice*, *Lose It For Life* and *Take Your Life Back*. With over 80 million books in print, he has been writing about God's transformational truth since 1984. He has been nominated



for numerous writing awards and won three Gold Medallions for writing excellence. Along with Dave Stoop, he edited *The Life Recovery Bible*.

Steve has degrees from Baylor University and The University of North Texas, as well as two honorary doctorate degrees, and is currently completing his doctoral studies in Christian Counseling. He resides with his family in Carmel, Indiana.

Speaker – Chris Williams

Chris is a licensed Marriage and Family Therapist. He received his M.A. in Marriage and Family Therapy from Hope International University where he also served as Director of Spiritual Formation for 5 years and is currently an adjunct professor. He has experience serving individuals, couples and families struggling with mental health disorders, addiction, trauma and relational challenges. He also works with treatment industry leaders and teams as a consultant and coach. He has become a highly sought after specialist in the treatment of complex trauma and multiple addictive issues. He strongly believes in a holistic approach to understanding the biological, psychological, relational and spiritual factors that impact people and their functioning.

Chris loves playing basketball, golfing and playing with his two young boys. Chris' most important and rewarding role in his life is husband to his wife and father to his two boys. He loves spending time with his family and lives in Orange County, California.

Schedule

Time				
PT	MT	CT	ET	
6:45 AM	7:45 AM	8:45 AM	9:45 AM	Beginning of Day
6:30 PM	7:30 PM	8:30 PM	9:30 PM	End of Day

