



Online Workshop Information

Have you been trying hard to change but still feel like you're failing? Do you feel depressed, lonely, and isolated? Do addictions, bad habits, and compulsive behaviors control your life? Do you want to live out God's purpose for your life but don't know how to change? Would you like to unlock the mysteries of how to help your aging brain work better?

If you're ready to live out God's purpose for your life, join us for this one day online workshop featuring experts in the brain, boundaries, life's battles and the Bible.

Register today to begin experiencing life in a new way!

Who Should Attend

Anyone desiring to be free from depression, dependency and defective strategies of coping. Those who need to untangle years of toxic relationships and failure focused programming. Those ready for a new vision, new future and healthier relationships!

You'll Learn About

- Your brain & how it works
- Untangling years of toxic relationships
- Dealing with those who do not honor your boundaries
- Unleashing the power found when God's truth is known, believed & lived
- The deadly rulers of your mind: Shame, Disconnection, Fear, Regret & Helplessness

Cost and Value

- 8 teaching sessions
- 5 small group process sessions facilitated by a credentialed New Life Network Counselor
- 4 weekly phone coaching sessions following the workshop
- Registration Rate: \$700 per person



Format & Requirements

The workshop will be held through the use of online video conferencing. Attendees must have:

- A computer or tablet with audio and video capabilities
- An internet speed sufficient for live stream video (Please note New Life is not responsible for any technical issues with your device and no refunds will be given should your device not be able to adequately stream this workshop.)
- A private room where you will be able to focus on the content being presented and interact with your fellow group members with no distractions

Process Groups

All workshop attendees participate in general sessions then break out into process groups. In the groups, facilitated by a New Life Network Counselor, you will process the information presented in the main sessions. You will have an opportunity to connect and share with the group your story and create a plan for when you go back into your daily life. There is a ratio of one counselor for every six to eight attendees.

Registration

You may register by visiting newlife.com or calling 800-NEW-LIFE (639-5433). Please register early. We have limited space. Registrants must be at least 18 years of age.

Cancellations

If you cancel, you'll receive a refund of the amount you've paid minus a \$100 administration fee per person. If you no show for the workshop, no refund will be given.

Health Insurance Coverage

Unfortunately, insurance companies do not reimburse for programs like this. You may be able to consider the cost of the workshop as a deductible medical expense for federal tax purposes. The IRS does not make specific rulings about the tax-deductibility of a particular program, so please check with your tax advisor.



Speaker – Steve Arterburn



Steve is the founder and chairman of New Life Ministries and host of the #1 nationally syndicated Christian counseling talk show, *New Life Live!*, heard and watched by over 2 million each weekday on over 150 radio markets nationwide, SiriusXM Satellite radio, and on NRBTv. Steve is also the founder of the Women of Faith conferences attended by over 4 million people.

Steve is a best-selling author of books such as *Every Man's Battle*, *Healing Is a Choice*, and *Take Your Life Back*. Along with Dave Stoop, he edited *The Life Recovery Bible*.

Speaker – Daniel Amen



Dr. Amen is one of America's leading psychiatrists and brain health experts. He has authored or coauthored 70 professional articles and more than 30 books, including New York Times mega-bestseller *Change Your Brain, Change Your Life*. He has appeared on numerous television shows including Dr. Phil, Larry King, Dr. Oz, The Doctors, and The View.

His breakthrough public television programs on brain and mental health have made him well loved by millions of viewers seeking guidance on memory, attention, other cognitive functions, emotional issues, behavior, and more.

Speaker – Henry Cloud



Dr. Cloud is an acclaimed leadership expert, clinical psychologist and New York Times bestselling author. His 45 books, including the iconic *Boundaries*, have sold nearly 15 million copies worldwide. He has an extensive executive coaching background and experience as a leadership consultant, devoting the majority of his time working with CEOs, leadership teams, and executives to improve performance, leadership skills and culture.

He has devoted much of his career to leadership performance and development, blending the disciplines of leadership and human functioning to helping CEO's, teams, and family entities.



Speaker – John Townsend



Dr. is a business consultant, leadership coach and psychologist. He has written over 30 books, selling 10 million copies, including the New York Times best-selling *Boundaries* series, *Leading from Your Gut*, *Handling Difficult People* and *People Fuel*.

Dr. Townsend is the founder of the Townsend Institute For Leadership and Counseling, which offers fully accredited online Masters degrees and certificates in three areas: organizational leadership, executive coaching/consulting, and counseling.

Speaker – Shelia Walsh



From Scotland, Sheila is first a wife and mom and in her spare time she is an author, Bible teacher and television host. She has spoken around the world to over 6 million women and reaches a potential 100 million people daily as co-host of the Life Today television program.

Sheila's books have sold over 5 million copies including her latest bestseller *It's Okay Not To Be Okay*.

Schedule

Time				
PT	MT	CT	ET	
6:45 AM	7:45 AM	8:45 AM	9:45 AM	Beginning of Day
7:05 PM	8:05 PM	9:05 PM	10:05 PM	End of Day

